

FOOD MENU

SENIOR CITIZEN HOME FOR ELDERLY WOMEN, CHUDAKHIAKATANI, BAINZIA, DHENKANAL

DAY	MORNING 6.30 AM	MORNING SNACKS 9.00 AM	MID-DAY LUNCH 1.00 PM	EVENING SNACKS 5.30 PM	DINNER 9.00 PM
SUNDAY	TEA, BISCUIT	CHUDA SANTULA, DALMA	RICE, CHICKEN CURRY, ACHAR	TEA, MUDHI	RICE / ROTI, SANTULA, ACHAR
MONDAY	TEA, BISCUIT	UPAMA, DALMA	RICE, DAL, MIX CURRY	TEA, CHUDA BHAJA	RICE / ROTI, MATAR CURRY, ACHAR
TUESDAY	TEA, BISCUIT	CHUDA SANTULA, DALMA	RICE, DAL, SANTULA, ACHAR	TEA, MUDHI	RICE / ROTI, SOYABADI CURRY, ACHAR
WEDNESDAY	TEA, BISCUIT	UPAMA, DALMA	RICE, EGG CURRY, ACHAR	TEA, CHUDA BHAJA	RICE / ROTI, DALMA, ACHAR
THURSDAY	TEA, BISCUIT	CHUDA SANTULA, DALMA	RICE, DAL, MIX CURRY	TEA, MUDHI	RICE / ROTI, MATAR CURRY, ACHAR
FRIDAY	TEA, BISCUIT	UPAMA, DALMA	RICE, EGG CURRY, ACHAR	TEA, CHUDA BHAJA	RICE / ROTI, DALMA, ACHAR
SATURDAY	TEA, BISCUIT	CHUDA SANTULA, DALMA	RICE, DAL, BHAJA	TEA, MUDHI	RICE/ ROTI, SOYABADI CURRY, ACHAR