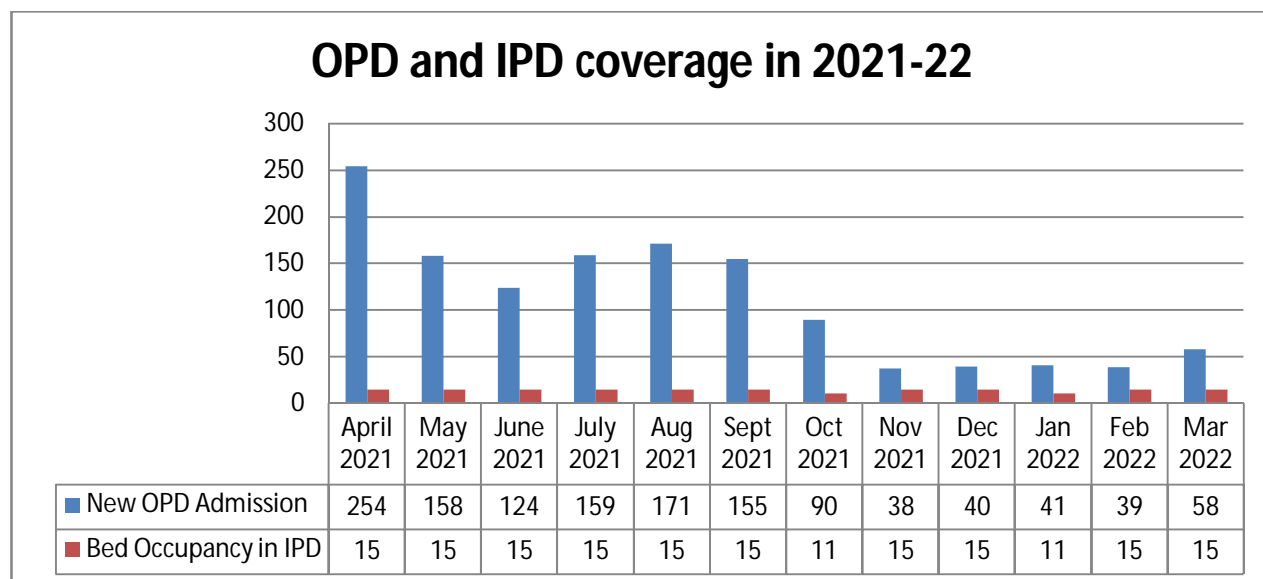


## ANNUAL REPORT OF “SAHAYA” THE INTEGRATED REHABILITATION CENTRE FOR ADDICTS

<b>Name of the organization:</b>	<b>THE CHETANA</b>
<b>Name and address of the IRCA Centre</b>	<b>SAHAYA At. Kolhua, PO. Bainsia, Via. Mahimagadi Dist. Dhenkanal, PIN. 759014, ODISHA</b>
<b>Reporting Year:</b>	<b>2021-22</b>

SAHAYA (The Integrated Rehabilitation Centre for Addicts) is a continuous programme implemented by The Chetana since 2014 and presently located at Kolhua, PO. Bainsia of Dhenkanal. The programme is supported by the Ministry of Social Justice & Empowerment, Govt. of India. SAHAYA is a 15 bedded facility equipped with necessary infrastructure and facilities providing multifaceted activities for prevention of alcoholism & substance abuse.

During the year 2021-22, total 1327 persons were provided services in OPD while bed occupancy reflects almost 100% as in most months 15 Indoor patients except October (11) and January (11) registered and provided indoor services as prescribed under the guideline. The month wise status is displayed in the graph under.



The OPD registered persons were provided check up, counselling and advice services while the IPD registered persons were provided regular health check up, medicines, fooding, yoga trainings, one to one and group counselling etc.

During the reporting period, total 172 persons were discharged after found de-addicted and no side effects of deaddiction. Some of these were sent back to home and some left to work in their work places. The organization through its social worker and counsellor also made regular follow up through home visits and tele-follow up to ascertain the status.

Below we submit few service related photographs;



**OBSERVATION OF INTERNATIONAL DAY AGAINST DRUG-ABUSE AND ILLICIT TRAFFICKING ON 26<sup>TH</sup> JUNE 2021**



**OBSERVATION OF HOLI BY INMATES ON 29<sup>TH</sup> APRIL 2021**



**REGULAR YOGA PROGRAMME IN THE SAHAYA CENTRE**



**REGULAR YOGA PROGRAMME IN SAHAYA CENTRE**



**VISIT AND INTERACTION BY DISTRICT OFFICIAL IN THE SAHAYA**



**GROUP COUNSELLING SESSION IN THE SAHAYA CENTRE**

**Case Study:** Riki Samal (30) son of Kaira Samala of village Neulopoi, PS. Gondia, District Dhenkanal is an educated youth addicted in local made Alcohol and Mahuli since last 9 years. All family based efforts got in vain to keep him away from the addiction. The family members were worried much as he was most of the time falling on road side after being drunk and was spending all most all his income putting a severe financial burden on the ailing parents. He is married with one child. After getting information on SAHAYA Drug-Deaddiction Centre, the family members brought him to the centre. He was admitted in the centre on 23.06.2021 and after getting satisfactory results in his deaddiction process, he was discharged on 23.07.2021. Regular follow up found him living a drug free life and also now working in a private company located in Kerala and supporting all his family financial needs.

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